

Dermot Lonergan

Journalism Bachelor w/ Business Law Minor @ Thompson Rivers University

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EXPERIENCE

TRU Wolfpack — Commentator/Film Crew

November 2023 - PRESENT

I am an active member of the TRU Wolfpack staff, where I commentate on basketball games and help with camera work during the soccer season.

Copper Otter, Pender Island — Server/Bartender

April 2024 - August 2024

As a summer job, I had learned to work in a restaurant/tourist environment and create adaptable multitasking skills.

Moxies, Kamloops — Host/Event Staff

November 2023 - April 2024

Moxies helped me create a skill set of professionalism while working in high pressure on a regular basis in a good team environment.

Port Browning Pub, Pender Island — Senior Host

April 2021 - August 2023

As a returning summer job, Port Browning had its positive based challenges of dealing with thousands of patrons throughout the summer. As a senior host, these challenges were handed to me on the busiest nights. From a young age I was able to develop my passion of dealing with high pressure situations early. That passion for working under pressure and managing obstacles in the restaurant space has only grown; which is something I can attribute to this job.

EDUCATION

Thompson Rivers University, Kamloops — Journalism Degree

September 2021 - Present

Working towards a Journalism degree has been a challenge with many long term milestones I have been thankful to reach. Taking the opportunity to learn about the dedication and skills it takes to become a Journalist has branched out through all aspects of my life; teaching me skills I will apply to any job I am a part of.

Thompson Rivers University, Kamloops — Business Law Minor

January 2024 - Present

Business Law at TRU has been very helpful with learning skills that are attributed to the real world. It almost feels like a passion project to extend from how much I enjoy learning about the different sectors in Business Law.

SKILLS

- A love for working under pressure
- Positive mindset in any situation
- Early bird: On time and ready to go
- Loyalty to a team/team player
- Listening and applying techniques

AWARDS/CERTIFICATION

Gulf Islands Secondary
School Honour Roll x2
Grade 11 - Grade 12

Food Safe - 2018

Serving It Right - 2023

LANGUAGES

English (Fluent)

Serbian (Partial Fluency)

Personal Statement

My name is Dermot Lonergan. I am a hardworking and motivated individual with a strong ability to adapt, learn, and collaborate in any environment. I thrive in roles that involve working with people, whether in a team setting or providing excellent service to customers and clients.

Growing up in a small, tight knit community taught me value in patience, accountability, and perseverance. I take pride in my ability to communicate effectively, work well under pressure, and contribute to a positive team dynamic. My experiences in both professional and academic settings have strengthened my problem-solving skills, time management, and ability to take initiative.

I am always eager to take on new challenges and grow both personally and professionally. Whether working independently or as part of a team, I bring dedication, adaptability, and a strong work ethic to everything I do. I find pure enjoyment in staying attentive to learning new skills, and using all types of listening skills to show I am fully aware and into the task at hand.

Not only do I want to be the best employee I can when I find myself on shift, but I want to help my co-workers have easier days as well. I had an old boss (Ryan MacLeod) teach me about a never say no attitude. To this day, I try to bring that to every work environment I find myself in.